

Berea-Midpark High School



Vincenzo Ruggiero, Principal

165 E. Bagley Road • Berea, Ohio 44017

216-898-8900

berea.k12.oh.us

Vol. 1

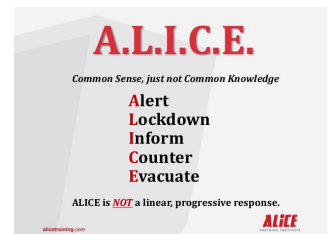
November 2018 Newsletter

COMING EVENTS

Saturday, November 3	SAT Test Administration, 8:00 A.M.
Tuesday, November 6	NO SCHOOL for students, Staff work day
Friday, November 9	Practice Emergency ALICE Drill, AM TAP Schedule, see page 7
Tuesday, November 13	American Red Cross Blood Drive 7:30 to 12:30 Sports Center OML 2:20 in Math Classrooms
Thursday, November 15	PRIDE "Into the Light Program" 2:30 BMHS Library
Friday/Saturday, November 16 and 17	BMHS Fall Play "Pride and Prejudice" 7:00 BMHS Auditorium, see pg.3
Monday, November 19	Fall Sports Awards 6:30, BMHS Auditorium
Tuesday, November 20	PRIDE hosts "Mix It Up Day" all day for students at BMHS Parochial School Student Visitation
Wednesday to Friday, November 21-23	NO SCHOOL Thanksgiving Break, school resumes Monday, Nov. 26th
Tuesday, November 27	World Language Edgar Rene Concert
Friday, November 30	Ninth Grade Vision Screening all day, Auditorium NHS Hosts "Dodgeball Night" 7-10 P.M. Sports Center, see pg. 4

From the Principal

In partnership with our Police & Fire Departments of Berea, Brook Park, and Middleburg Hts., we continue to refine our Emergency ALICE preparedness and practice. Together with our Berea SRO & PD, we will be conducting a planned & announced Intruder/Emergency ALICE response drill at Berea-Midpark High School on Friday, November 9, 2018, in which our students and staff will review and then practice the ALICE strategies of *Alert, Lockdown, Inform, Counter & Evacuate*. If you should have any questions or concerns, you are welcomed to contact Principal Vincenzo Ruggiero at 216-898-8900 #5407. Please see page 7 of this newsletter for more information.



Student & Staff PBIS Recognitions:

- **Congratulations to Staff Members Jane Darrow and Susan Malone:** for having submitted and being selected as Education Foundation Payroll Deduction Grant recipients. Their student-centered, worthwhile *Realizing Your Potential* project and *Memory Garden* project contribute significantly to enriching and validating the scholastic experiences of our students. Thank you to the members of the Education Foundation for your continued support of our students and staff!
- **From a proud BMHS Staff Member & gracious Parent:** "It has been an honor and pleasure working with each of you this past season... As a spectator, I have appreciated the coordination and talent of the BMHS Marching Band.... As a parent, I have been blessed that my son was under the supervision and care of amazing adults AND



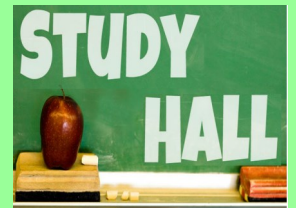
PRINCIPAL'S CORNER, cont'd.

Football moms who coordinated meals several days each week, took signs up, down, up, down/honored the cheerleaders with flowers and candy... As a coach, I have enjoyed witnessing the growth of the Freshmen, JV, Varsity cheerleaders and taking part in their development AND working with amazing moms who have dedicated hours of time to our cheer boosters... With one week remaining in the regular season, I wanted to THANK each and every one of you. You have made a remarkable impact on my family, and I am grateful."

- From an appreciative BMHS Education-Partner: "I wanted to convey our gratitude and thanks for the Frankenstein monster artifact that Mr. Jim Bycznski and his students at Berea-Midpark High school created and graciously allowed us to display for our Frankenstein Festival exhibit in Baldwin-Wallace University Ritter Library. We received many visitors and saw a lot of posts on social media that included pictures of the monster in addition to local media coverage. On behalf of BWU and Ritter Library I want to recognize the skills, time, and creativity that went into the fabrication of this life-size 'creature'. The artistic rendition of the cinematic Frankenstein served as a perfect complement to our 200-year commemoration of Mary Shelley's great novel. We were pleased to showcase the efforts made by the visual effects studio at your high school. We are grateful for the contributions of Mr. Bycznski and his students Jenna Cooper, Theresa Gunsch, and Kayla Gudel along with the support of the Berea City School District. We look forward to more shared engagements and collaborations with the district." (Charles P. Vesei, MA, MLIS BWU Library Director)
- From an impressed Guest Speaker: "Please tell everyone that i was impressed with the students. They were respectful and attentive. Your administration and teachers also seemed top notch. I will wear my Titans shirt proudly. Thanks for all you've done." (Gerhard Maroscher, guest speaker at our Immigration...My Story: Cultural Diversity Celebration).

STUDENTS WHO WANT TO USE THE LIBRARY/MEDIA CENTER DURING STUDY HALLS:

Any student who wants to use the Library/Media Center during their study halls, must sign up FIRST following the directions that follow. If you do not sign up to use the Library, you will need to return to your study hall. Students are not permitted to have the study hall monitor simply write them a pass to the Library. The student needs to: go to the BCSD webpage, select BMHS High School, choose the Library tab, select BMHS Study Hall Sign Ups on the left menu, sign in to your google account, the calendar for the week will appear. Students should select the date and period they would like to use the Library. Find the day of the week and click on one of the number boxes which represent the period they want and place their name in that box that will appear. Be sure to SAVE. If there are no boxes available when a student wants to come that means all of the spots have been filled and the student must remain in their assigned study hall. The number of spots available for each period varies.



AMERICAN RED CROSS BLOOD DRIVE

BMHS is hosting the American Red Cross Blood Drive on Tuesday, November 13th, in the Sports Center from 7:30 to 12:30. Students may sign up in the Activities Office to donate. Students must be sixteen (16) to donate and have a completed and signed Parent Permission Slip on file.



OML TESTS

Ohio Math League Tests will be given this year after school in the students' Math classroom at 2:20. The remaining dates for OML this year are November 13, December 11, January 8, February 12, and March 19. Your student should see their Math teacher for details.



PTSA REFLECTIONS PROGRAM

Reflections is a national art program sponsored by the National PTA and BMHS PTSA. Entries may include dance, film, literature, music, photography, and visual arts. All entries are due by December 4, 2018, to the PTSA mailbox in the Main Office along with a fully completed student entry form submitted with each entry. If it is not, the entry will be disqualified. Entry forms and official rules of the Reflections Program can be picked up in the Activities Office. If you have any questions, contact Becky Conroy at conroybecky@yahoo.com



BCSD Parents:

Do you want to help TRANSFORM
Family-School Relationships
in our district?



We are looking for ten parents to be a part of the inaugural BCSD Family Engagement Team.

Interested? <https://bit.ly/2Nikndj>

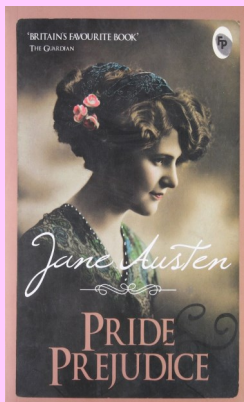
BMHS FALL PLAY: "Pride and Prejudice"

The BMHS Drama Department is proud to present their fall production "Pride and Prejudice" on Friday,

November 16th and Saturday, November 17th, at 7:00 P.M.

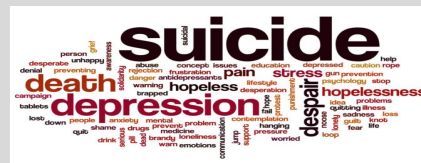
both evenings in the BMHS Auditorium. Tickets are available at the door for \$8.00 for adults and \$6.00 for Seniors and Students.

Come enjoy this 1813 romantic novel by Jane Austen brought to life on the BMHS stage.



PRIDE 'Into the Light' Program

The BMHS PRIDE students are hosting "Into the Light" a suicide awareness and prevention program. The program will begin at 2:30 in the BMHS Library on November 15th. There will be a guest speaker discussing suicide and the warning signs of which to be aware. Light refreshments will be served.



NO SCHOOL FOR STUDENTS

Tuesday, November 6th

Voting Day

Staff Work Day

PLEASE VOTE THIS SAME DATE AS WELL!



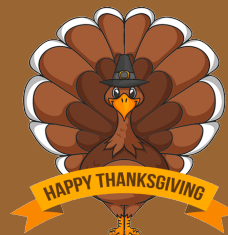
THANKSGIVING BREAK

No School

Wednesday through Friday

November 21 to 23

Enjoy the holiday with family and friends.

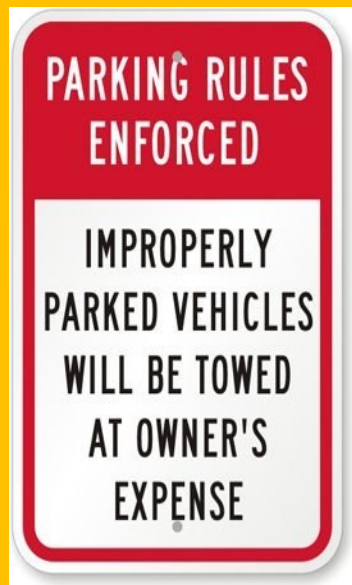


STUDENT PARKING REGULATIONS

With our increased enrollment and the challenges posed by our construction, we are grateful for the patience and cooperation that our students, parents, and staff have demonstrated during the busy times of arrival and dismissal. In order to best assure safe and effective student drop-off and pick-up, we ask that you comply with each of these expectations:

- Only students with valid parking tags, for either BMHS or Roehm Athletic Complex, may park in the designated spaces of their assigned lots. Cars without valid parking tags are subject to being towed unannounced.
- Student pedestrian crossing of streets is permitted only in the the designated cross-walk areas.
- Buses only are permitted in the designated “flag pole” lot area directly in front of the building, during student arrival and dismissal times.
- Drop-off & pick-up of students is permitted only in the designated school parking lot area – not on the streets of Bagley, Eastland, or Maple.
- Vehicles which are entering & exiting the lot may do so only through the designated areas and following the indicated traffic flow.

If you should have any questions or concerns, you are welcomed to contact our Main Office 216-898-8900. Thank you for your continued cooperation!



DEPARTMENT HIGHLIGHTS: SOCIAL STUDIES

Greetings to all Parents and Students:

The Social Studies Department has had an exciting and action packed first nine weeks.

To best serve and prepare the students at Berea-Midpark High School, the Social Studies Department has continued to meet weekly in our TBT's that we started last year. These are teacher-based teams grouped together for World Studies, American Government, and US History. Our goal each week is to share and collaborate with other teachers that are teaching the same class. We address topics such as pacing, evaluation, common assessments, and curriculum. The ultimate goals are to improve our teaching by comparing assessment results and data as well as to continue to prepare the students to pass the AIR/End of Course tests that are given in Government and US History in April. Thanks to the Berea Board of Education, and the Curriculum Department, our department received more Chrome Book carts to use for assessment for the End of Course exam/AIR tests classes. All of our teachers have been utilizing the Chrome Book carts and the edcite website to use the assessment tools on edcite to mimic the AIR test set up on the test in April.

Juniors in Government classes at Berea-Midpark are working on their volunteer hours for the Citizenship Project (CP). The CP is a requirement by the Berea City Schools Board of Education. Each junior at Berea-Midpark must take Government as a state requirement for graduation; part of the requirement of the Government classes being to complete the CP. If the CP is not completed the student will not graduate. The students have been very busy helping in the community.

Mr. Murphy's Economics Honors class will travel to Parker-Hannifin with Mr. Bob Griffin to tour the facility and get hands on experience and exposure to the business world through Junior Achievement and the Titan stock experience.

Mr. Watt has been busy with Junior State of America and Model UN while Mrs. Fox is very busy working with PRIDE to get ready for the "Into the Light" walk for suicide awareness. Mr. Braaten has incorporated technology and edcite in his classes with the help of a Google Chrome Book cart and has set up his classroom to look like a classroom will look in the new building. Mr. Kosar is teaching AP Psychology, Mr. Boone is teaching AP American History and is continuing with Chess Club. Mr. Hanchuk is teaching AP European history, Mr. McGregor is teaching AP Government, Mr. Santori teaches US History and AVID, while Mr. Barther, Mr. Swisher and Mr. Carpenter teach World Studies. Mr. Misenhelder is teaching Economics and Mr. Hunek is teaching US Government and World Studies.

If there are any questions, please feel free to contact any member of the Social Studies Department at (216) 898-8900.



FROM THE CLINIC: DIABETES—What It Is, What It's Not

Diabetes is a condition resulting from the cells and tissue of the body not being able to use glucose (sugars) as energy but instead remains in the blood. There are two main types of diabetes. Diabetes type 1 which results when the body makes no or very little insulin. Diabetes type 2 which is usually when the cells of the body do not respond well to the insulin that is created by the body.



High glucose levels (hyperglycemia) can damage vital body organs so it needs to be treated. Treatment options today are aimed at controlling sugar levels consistently and safely throughout the day and may include oral medication, injections of insulin or insulin given through a portable pump that is attached to the body.

Low blood sugar is a **MEDICAL EMERGENCY**. Signs and symptoms include: headache, shakiness, sweating, dizziness, tiredness, and/or slurred speech. This is the number one side effect of insulin treatment.

Low blood sugar requires medical attention and treatment with an appropriate source of sugar.

- It is NOT an anxiety/panic attack.
- It is NOT contagious.
- It is NOT a result of bad parenting, bad choices or a punishment.
- It is treatable but at present type 1 is not curable.

Diabetes at school can be managed through the help of our Southwest General School Health Specialist who is in the clinic each school day. Together, we partner with families, students, and staff to help make the educational process safe and productive for those with diabetes.



PRIDE PRESENTS "MIX IT UP DAY"

PRIDE is hosting their annual "Mix It Up Day" on Tuesday, November 20th. This is a national program which encourages students to get to know someone new and thereby tear down barriers which divided students, such as social groups, race, ethnicity, sex or gender, religion, etc. Students from PRIDE, JSA and AVID will be partnered with other students and go to each other's classes during the school day and meet back together as a group during eleventh period. Sign-ups will take place in November. Students should listen to morning announcements as the date draws nearer or see Mrs. Fox for more details.



Berea-Midpark High School - Q104 Jeremiah Show's High School of the Week!

Please listen to Q104 in the morning and check-out our promotional video!

<https://www.facebook.com/JshowQ104/videos/278446209448631/>



NATIONAL HONOR SOCIETY DODGE BALL NIGHT

NHS will host the 3rd Annual Dodge Ball Night on Friday, November 30th at 7:00 P.M. at BMHS. The proceeds will benefit Autism Awareness. Team registration forms will be available in the Main Office Monday, November 12th. The registration fee per team is \$30. All forms need to be returned by November 28th. There will be raffle prizes, t-shirts and concessions at the event. General admission is \$5.00 at the door to watch the teams dodge, duck, dip, dive and dodge to help raise money for Autism Awareness here at BMHS.



BMHS YEARBOOKS FOR 2019

Make sure to order your 2019 yearbook NOW! It is at its lowest price. Click here to order: [DIRECT LINK TO ORDER](#) or obtain a mail-in order form in the Main Office, Activities Office or Room 155.

Senior parents you may purchase an ad in the 2019 yearbook by clicking on this link: [SENIOR AD](#)



BMHS will practice an Intruder/Active Shooter ALICE Drill on Friday, November 9th. We will be following an AM TAP period that day to conduct the training and drill. Below are listed the general talking points which will be reviewed with the students that morning prior to the actual practice drill beginning. Please feel free to go over these talking points with your students beforehand.

Lockdown: Intruder/Active Shooter **ALICE Training and Talking Points**

These are only a few suggestions as an active shooter event is dynamic and evolves quickly. When there is an active shooter incident and you CAN evacuate the building:

- Trust your instincts
- If you can evacuate, DO IT
- Run away from the building with students as quickly as possible. Relocation site is at Baldwin Wallace University Sports Center/Gym.
- Call 911

When there is an active shooter incident and you are UNABLE to evacuate:

- Take shelter in the nearest office, room, or closet
- Lock the door if possible.
- Barricade the door with anything you have available. (desks, chairs, etc.)
- Tie down the door, if possible, by using a belt attached to the door handle.
- Cover any windows that may be in the doors.
- Look for alternate escape routes. (windows)
- Call 911
- Set your cell phone to vibrate or silent.
- Stay low to the ground and remain as quiet as possible.
- Breathe to manage your fear – stay focused.
- You may have to take the offensive if the shooter enters your area. Gather weapons (pens, pencils, books, chairs, etc.) and mentally prepare your attack.
- Position yourself in the room in a location that will allow for the element of surprise if the shooter enters the room.



If the shooter enters your room and you cannot escape the area:

- FIGHT!!!
 1. Throw anything available at the shooter, aiming at the face to distract his/her aim.
 2. Attack in a group (swarm)
 3. Use all available weapons to attack and secure the shooter (ANYTHING can be a weapon)
 4. Grab the shooter's extremities (arms, legs, head) and take him/her to the ground using body weight to secure them.
 5. FIGHT DIRTY! Kick – gouge eyes to what you need to do to incapacitate them.

If you have incapacitated the shooter:

- Call 911 and advise law enforcement
- Provide your location and stay on the line, if possible.
- Secure the suspect (belts, body weight, etc.)
- Move any weapons away from the shooter. DO NOT HOLD A WEAPON!
- Do not appear threatening to responding law enforcement
- Provide first aid to others in the room.



**2018 NATIONAL ACADEMIC
RECOGNITION OF
BEREA-MIDPARK HIGH SCHOOL STUDENTS**



Each year, Berea-Midpark High School students participate in standardized testing opportunities that measure the academic achievement of school-aged participants across the United States. A number of present Berea-Midpark High students and recent 2018 graduates has been nationally recognized by the College Board organization for their achievements on the Preliminary SAT/National Merit Scholarship Qualifying Test (PSAT/NMSQT) and/or College Board Advanced Placement (AP) Exams. Berea-Midpark High School proudly announces the following 2018 distinguished student accomplishments:

National Merit Scholarship Program Finalist

(scoring among the top 1% of over 1.6 million PSAT/NMSQT participating students)

Rachel Hall

National Merit Scholarship Program Commended Student

(scoring among the top 3% of over 1.6 million PSAT/NMSQT participating students)

Douglas H. Poole

Rose S. Son

Advanced Placement Scholar

(scoring a 3 or higher on three or more AP Exams):

Faleh Alzoubi
Olivia J. Armendarez
Owen T. Assink
Dakota H. Bichara
Ryan A. Bolin
David J. Browning
Noah J. Buncher
John S. Chapman
Genevieve R. Herbst
Ethan R. Hunter
Trinity T. Kiml
Hallie A. Lizanich

Kortney E. Mave
Alexander F. Miu
Josef M. Overton
Reid K. Perry
Douglas H. Poole
Molly a. Rambeau
Adam J. Riegelmayr
Logan R. Rollins
Anthony P. Ruvalo
Alexander A. Smearman
Rose S. Son
Katherine M. Valencic

Advanced Placement Scholar with Honor

(average score of at least 3.25 on all AP Exams taken and scores of 3 or higher on four or more of these AP Exams)

Debae Alzoubi
Julianne E. Calvis
Jennifer Chang
Shaarav A. Ghose
Mathew J. Gorman
Mustafa M. Husein
Gavin Meyer

Isabella O'Brien Scheffer
Quentin A. Oliverio
Alicia B. Pedraza
Joshua R. Radtke
Callaghan T. Ruebensaal
Nathan R. Strinka
Thai A. Truong

Advanced Placement Scholar with Distinction

(average score of at least 3.5 on all AP Exams taken and scores of 3 or higher on five or more of these AP Exams)

Jacob T. Andrews
Skye-Forest A. Baker
John S. Barnett
Ian Q. Daugherty
Samuel E. Fredericy
George W. Hinton
William J. Hinton
Philip W. Hunt

Joyce M. Karanouh-Schuler
Dawn Luong
Dylan T. Pickryl
Joshua A. Ramirez
Thomas K. Scheu
Shayne T. Silver-Riskin
Tessa R. Wieneke
Emma G. Wozencraft
Tatum S. Zeleznik

National Advanced Placement Scholar

(average score of at least 4 on all AP Exams taken and scores of 4 or higher on eight or more of these AP Exams)

George W. Hinton

SIGN UP for REMIND text messages

BMHS will now make use of a parent/student text messaging system to directly and promptly notify you of important communications and/or emergency like circumstances. You will receive messages only from the **REMIND** system as communicated by administration. No others will have access to your phone number or be able to send group messages. Please enroll yourself to receive these group text messages. To enroll see the information below.

EMERGENCY



Sign up for important updates from BMHS Administrator.

Get information for Berea-Midpark High School right on your phone—not on handouts.

Pick a way to receive messages for **BMHS Students & Parents**:

- A** If you have a smartphone, get push notifications.

On your iPhone or Android phone, open your web browser and go to the following link:

rmd.at/dgh7ke

Follow the instructions to sign up for Remind. You'll be prompted to download the mobile app.

A smartphone screen displaying the Remind sign-up page. At the top, the URL "rmd.at/dgh7ke" is shown. Below it, the heading "Join BMHS Students & Parents" is visible. There are two input fields: "Full Name" with the placeholder "First and Last Name", and "Phone Number or Email Address" with the placeholder "(555) 555-5555".

rmd.at/dgh7ke

Join BMHS Students & Parents

Full Name

First and Last Name

Phone Number or Email Address

(555) 555-5555

- B** If you don't have a smartphone, get text notifications.

Text the message [@dgh7ke](https://t.me/dgh7ke) to the number **81010**.

If you're having trouble with **81010**, try texting [@dgh7ke](https://t.me/dgh7ke) to **(440) 332-4705**.

* Standard text message rates apply.

A smartphone screen showing a text message conversation. The "To" field shows the number "81010". The "Message" field contains the text "@dgh7ke".

To

81010

Message

@dgh7ke

Don't have a mobile phone? Go to rmd.at/dgh7ke on a desktop computer to sign up for email notifications.

FALL SPORTS AWARDS

Monday, November 19th

6:30 P.M.

BMHS Auditorium

All fall athletes and their families are invited.



PTSA

Please consider joining PTSA to help a little or a lot. Every membership counts and helps us achieve our goals for the year. You can join online too! <https://my.cheddarup.com/c/berea-midpark-high-school-ptsa>

Mark your calendar for November 20th, 7 P.M. in the school library for the next PTSA meeting of the year.



Support Our Students!



Our School ID #

2056

GIANT EAGLE Apples for the Students

Each scan of the Giant Eagle Advantage Card® earns funds for our schools educational needs!




CLICK HERE TO REGISTER

Do you shop at Giant Eagle? Then you can sign up to earn cash for our school. All you need is your Giant Eagle Advantage card.


Sponsored by the Safer Schools Ohio, Ohio Department of Public Safety, and the Ohio Department of Education, you can anonymously report anything that is suspicious or endangering you, your friends, or your school.

SPEAK UP SAVE LIVES
Your eyes and ears could save lives!
Text or Call
844-SaferOH
844-723-3764

SPEAK UP STAND UP
SAVE A LIFE 
#CareEnough

SUPPORTING LOCAL SCHOOLS

Teaming Up For Education




**YOU SHOP.
WE GIVE.**

When you use your Heinen's Tasteful Rewards™ Card throughout the school year, Heinen's will donate up to 1% of your purchases to a school of your choice.

WAYS TO SIGN UP

- Online at heinens.com/schools
- In-store at the Customer Service Desk
- Call our Customer Relations Department at 1-855-475-2500 ext 2337

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Be sure to reselect your school every year!

**Got Used Markers?
ColorCycle it!**



**THERE ARE DROP BOXES LOCATED IN THE
BEREA-MIDPARK HIGH SCHOOL MAIN OF-
FICE IN WHICH TO PLACE YOUR USED
MARKERS. THANK YOU!**

For more information visit www.crayola.com/colorcycle